



Keeping our community safe: Safeguarding at Honywood School

Welcome the first edition of our monthly safeguarding newsletter. We plan to provide an update at the end of each month containing reminders about how we approach safeguarding at Honywood as well as useful links to support families out of school. If you have a question about safeguarding our hope is that our monthly bulletins will be able to provide the answer or at least some signposting to where you may get the answer. This month we have tried to provide a range of links

Need to Talk, share a concern or ask a question?

Who can learners talk to at School?

- Learning Group Leader
- Cohort Leaders
- Pastoral Leaders
- Class teachers
- Learner Reception
- Learning Support Assistants
- <https://sites.google.com/honywoodschool.com/learnerwellbeing/home>

- Senior Leadership Team
- Mrs Nichols - Safeguarding Lead
- Mrs Slaney - Safeguarding Lead
- Mrs Brook - Deputy Safeguarding Lead
- Mr Caygill - Deputy Safeguarding Lead
- Mr Robertson - Attendance & Welfare Officer



Mrs Nichols



Mrs Slaney



Mrs Brook



Mr Caygill

Learner Information

Please refer to the Honywood Wellbeing app on your school iPad, link below

<https://sites.google.com/honywoodschool.com/learnerwellbeing/home>

If you need Wellbeing & Mental Health support out of school, please contact:

YOUNG MINDS - text YM to 85258, or <https://youngminds.org.uk/find-help>

Kooth - your online mental wellbeing community <https://www.kooth.com/>

Emotional Wellbeing and Mental Health Service

0300 300 1600 to get in touch directly. For the out of hours crisis support, please call the general NELFT switchboard on 0300 555 1201 and ask for the EWMHS Crisis Support Service

Childline 08001111

Weekly Bullying and Peer on Peer Abuse reporting form

All learners and parents receive a weekly email link and reminder that if they have any concerns about the behaviour of any learners in school that could be considered bullying and/or peer on peer abuse, they may report it using the following link:

https://docs.google.com/forms/d/e/1FAIpQLSeqPKQTTxpfBS8arLEYimPdplyfObw_7P-yitTKhXMXS1LeBA/viewform

If you have any questions about the form before completing it please feel free to email me scaygill@honywoodschool.com Similarly if you have any feedback regarding the structure/questions of this form please do share this too as the form could evolve over the coming weeks with any feedback shared.

Parents/Carers

For support and information please contact:

Essex Children and Families Hub

0345 603 7627

If a child is at immediate risk of harm call the Children & Families Hub and ask for the 'Priority Line', or call the Police - 0345 606 1212 or email: Emergency.DutyTeamOutOfHours@essex.gov.uk

Useful Resources

Safeguarding Policy

<https://www.honywoodschool.com/attachments/download.asp?file=67&type=pdf>

KCSIE September 2021

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1020050/KCSIE_2021_September_guidance.pdf

Responding to Harmful Sexual Behaviours Policy

<https://www.honywoodschool.com/attachments/download.asp?file=116&type=pdf>

The [Essex Safeguarding Children Board website](#) has resources for parents and carers as well as professionals to enable them to fully support children and parents. People can also follow the campaign on the ESCB Facebook page and Twitter account.

[Essex Brook](#) is part of [Brook](#), a leading Sexual Health and Wellbeing Charity for young people, with over 55 years' experience.

[The 2 Johns](#) specialise in delivering bespoke Child Sexual Exploitation Training to professionals, parents and children, with an aim to totally change the perception that everyone has of 'Stranger Danger'.


The Children's Society, whose [CARE \(Children At Risk of Exploitation\)](#) service works with children and young adults in Essex who are at risk of sexual and criminal exploitation, with partners Barnardo's offering family support.

The [Essex Child and Family Wellbeing Service](#) brings together a range of children's community services. Provided by Virgin Care in partnership with Barnardo's on behalf of Essex County Council and the NHS.

The [Essex Violence and Vulnerability Unit](#) supports direct work with young people at risk of violence, provide training and development to those who are on the front line and raise awareness with the general public about the dangers of County Lines.

Family Wellbeing

To access the links within the Essex Family Wellbeing monthly newsletter below please use the following link: <https://essexfamilywellbeing.co.uk/>



Essex Child and Family Wellbeing Service
Newsletter

An important Healthy Schools message from Essex
Child & Family Wellbeing Service

Subject: Dry January
Date: January 2022
Issue: No. 31

Each month we create a bulletin promoting local or national health campaigns, featuring resources to promote best practice. This month we are focusing our campaign on alcohol because it's [Dry January!](#)

Family Wellbeing

Lots of parents worry about drugs or underage drinking. NSPCC has lots of advice to help keep children safe and aware of the risks. Their [underage drinking information page](#) includes advice on the law and how to talk to your child about alcohol.

If you want to know more about alcohol and the units in different drinks, you can find out more on the NHS website [here](#). There is also some great tips for if you are considering [cutting down on alcohol](#).

The Alcohol Education trust also has lots of information for parents including;

- [Talking about alcohol – a guide for parents and carers](#)
- [The right message for the right age](#)
- [Alcohol and the law](#)

The Children's Society work with young people and their families across Essex for a range of reasons. Their drugs and alcohol service – [Essex Young People's Drug and Alcohol Service \(EYPDAS\)](#) support young people affected by drug and alcohol addiction. The service is free and confidential. The Community Hidden Harm Awareness Team (CHHAT) works with young carers across Essex who are affected by parents with drug or alcohol addiction, find out more [here](#). The [Family Support Group](#) team provide family support groups and one to one support to help families or friends dealing with drug addiction.

Don't forget you can always contact your Healthy Family team for support on;

Mid Essex Tel: 0300 247 0014

North Essex Tel: 0300 247 0015

South Essex Tel: 0300 247 0013

West Essex Tel: 0300 247 0122

To find out more information about us and the wide range of services we offer, please visit www.essexfamilywellbeing.co.uk

We are always looking for ways to improve and provide you with information that is beneficial and relevant to you. We value your opinion and would love to hear your feedback on our briefings.

Please send your reply to Essex.Communications@virgincare.co.uk

Online Safety Advice & Information for Parents

The following links are intended as a useful resource to find out about a number of issues that exist in the online world.



Childnet - online safety [Childnet - Childnet](#)



Educateagainsthate provides practical advice and support on protecting children from extremism and radicalisation [Educate Against Hate - Prevent Radicalisation & Extremism](#)



NSPCC [Online Safety for Children - Tips & Guides](#)

Dedicated NSPCC helpline 0800 136 663.

The helpline will provide both children and adults who are potential victims of sexual abuse in schools with the appropriate support and advice. This includes how to contact the police and report crimes if they wish. The helpline will also provide support to parents and professionals too.

[Dedicated helpline for victims of abuse in schools](#)

Use of social media for online radicalisation - How social media is used to encourage travel to Syria and Iraq. [The use of social media for online radicalisation](#)

UK Council for Internet Safety [UK Council for Internet Safety](#)

UK Safer Internet Centre [UK Safer Internet Centre - Online Safety Tips, Advice and Resources](#)

Commonsensemedia provide independent reviews, age ratings, & other information about all types of media for children and their parents. [Common Sense Media: Age-Based Media Reviews for Families](#)

Government advice about protecting children from specific online harms such as child sexual abuse, sexting, and cyberbullying. [Coronavirus \(COVID-19\): support for parents and carers to keep children safe online](#)

Internet Matters provide age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world. [Information, Advice and Support to Keep Children Safe Online](#)

Let's Talk About It provides advice for parents and carers to keep children safe from online radicalisation. [Staying Safe Online](#)

London Grid for Learning provides support for parents and carers to keep their children safe online. [Home Page - London Grid for Learning](#)

Stopitnow resource from **The Lucy Faithfull Foundation** can be used by parents and carers who are concerned about someone's behaviour, including children who may be displaying concerning sexual behaviour (not just about online). [Stop It Now! UK and Ireland | Preventing child sexual abuse](#)

National Crime Agency/CEOP Thinkuknow provides support for parents and carers to keep their children safe online - <https://www.thinkuknow.co.uk/>

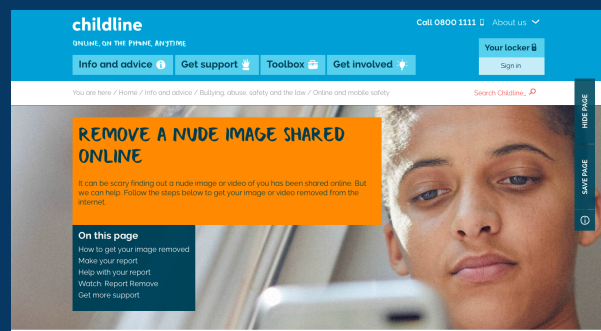
Net-aware provides support for parents and carers from the NSPCC and O2, including a guide to social networks, apps and games - <https://www.net-aware.org.uk/> [Apps, games and social media sites reviews for parents](#)

Internet Watch Foundation The IWF is a not-for-profit organisation that works towards the global elimination of child sexual abuse images and videos online. We help to make the internet a safer place for children and adults across the world. <https://talk.iwf.org.uk/>

Parentzone provides help for parents and carers on how to keep their children safe online <https://parentzone.org.uk/home>

Parent info from Parentzone and the National Crime Agency provides support and guidance for parents from leading experts and organisations - <https://parentinfo.org/>

Breck Foundation The Breck Foundation is a charity founded by Lorin LaFave after the tragic loss of her 14-year old son, Breck Bednar, in 2014, through online grooming. Breck was groomed while enjoying his passions of computing and gaming. We want to ensure that no child is harmed through grooming and exploitation while enjoying their time on the internet. Prevention through education is essential. [About Us | Breck Foundation](#) [Internet browsing history checks](#) [Only Fans Explained](#)



Under-18s who want nude pictures or videos of themselves removed from the internet can now report the images through an [online tool](#). The service - from the Internet Watch Foundation and Childline - aims to help children who have been groomed, or whose partners have posted photos of them online. To access the Report Remove facility on the childline website please use the link below: [Report Remove: Remove a nude image shared online](#)



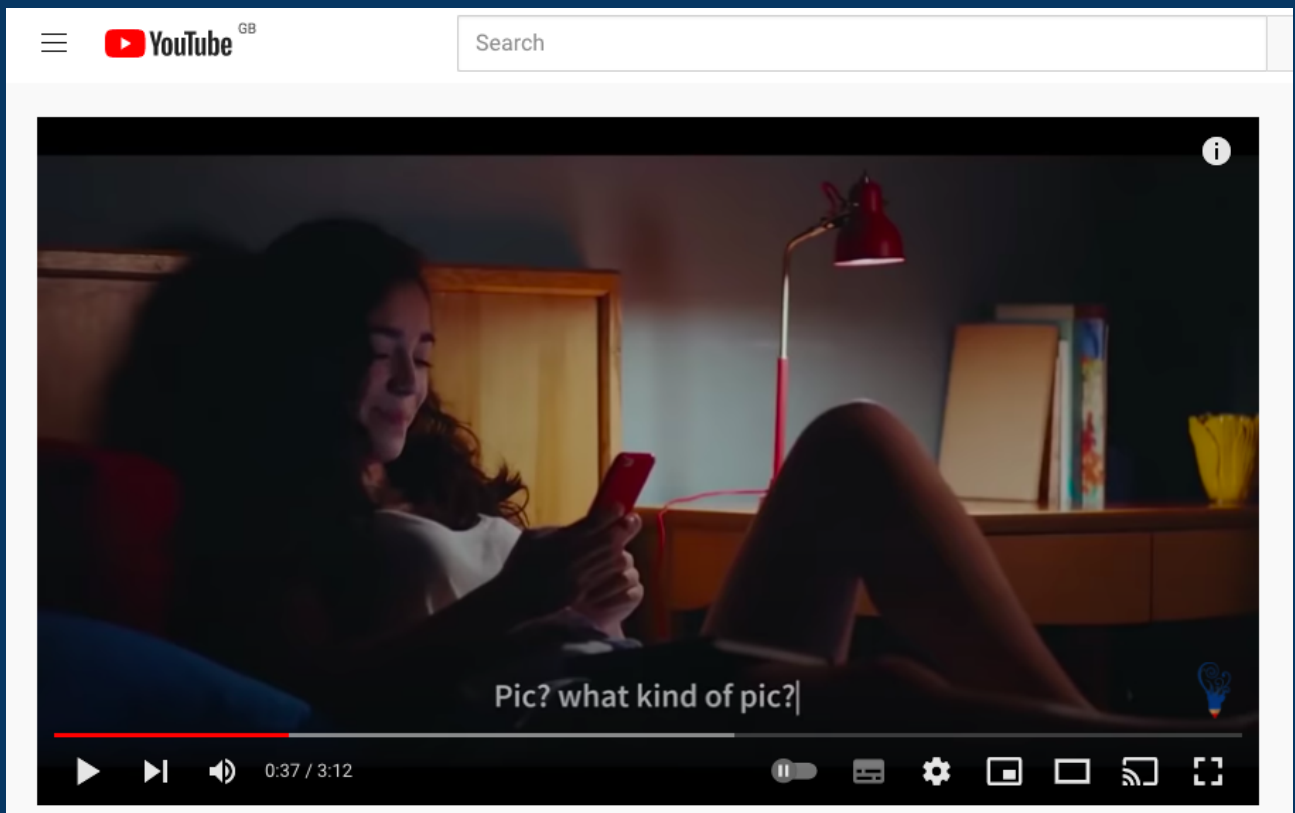
WhatsApp. WhatsApp is popular with many learners and many of them are members of different WhatsApp groups. It is important to remember that the freedom to use electronic devices such as phones, laptops and tablets comes with greater responsibilities for both children and parents. Please use the links below to make sure that you are aware of the age limits for different applications and how they are set to minimise the opportunity for inappropriate use.

Does WhatsApp have any age restrictions? As of May 2018, WhatsApp's minimum age of use is **16 years old** if you live in the European Union, or a country that has adopted the GDPR, as the UK has. It was previously 13 and WhatsApp has not yet said what will happen to users between 13 and 16 who already held accounts under the old terms and conditions. By using WhatsApp, a user agrees to provide certain personal information such as their mobile phone number, billing and mobile device information.

If WhatsApp learns that identifiable information of a child under 16 has been collected on the WhatsApp Site or WhatsApp Service, then WhatsApp may deactivate the account.

Read the full article here: <https://parentinfo.org/article/whatsapp-a-guide-for-parents-and-carers>

Fake Profiles



A very good video resource to watch with your children about the risks of sharing images and fake profiles on line - Fake profile, real love story: <https://www.youtube.com>



Twitch is a streaming service which is extremely popular among young people - link- [Twitch - a guide for parents and carers](#)

Parents need to be aware of an increasingly popular application called **Discord**. Discord is a chat service specifically designed for gamers to connect with each other using either text, voice or video chat. Even if chat features are disabled within online games, Discord can be downloaded separately allowing conversation to take place outside the game being played. Most major games have a Discord channel associated with them. According to Essex police, private 'channels' are being created within Discord to target and groom some young people. Please talk to your children

about the use of this app and how they may be vulnerable. Ensure that they understand that the people they may be talking to and forming friendships with, may not be who they claim to be. Parents guide to Discord:

<https://parentzone.org.uk/article/discord-everything-you-need-know-about-chat-service>



CEOP. There is a button to CEOP on the school website: <https://www.honywoodschool.com> as well as a link under the Quick Links section. Wherever you see this logo you are able to directly report any concern.



CEOP helps young people who are being sexually abused or are worried that someone they've met is trying to abuse them. If you've met someone online, or face to face, and they are putting you under pressure to have sex, asking to share images or making you feel uncomfortable you should report to CEOP.

This might be someone:

- Making you have sex when you don't want to
- Chatting about sex online
- Asking you to meet up face to face if you've only met them online
- Asking you to do sexual things on camera
- Asking for sexual pictures of you
- Making you feel worried, anxious or unsafe

If this is happening to you, or you're worried that it might be, you can report this to CEOP

www.ceop.police.uk/safety-centre

Mental Health Support Resources for Parents

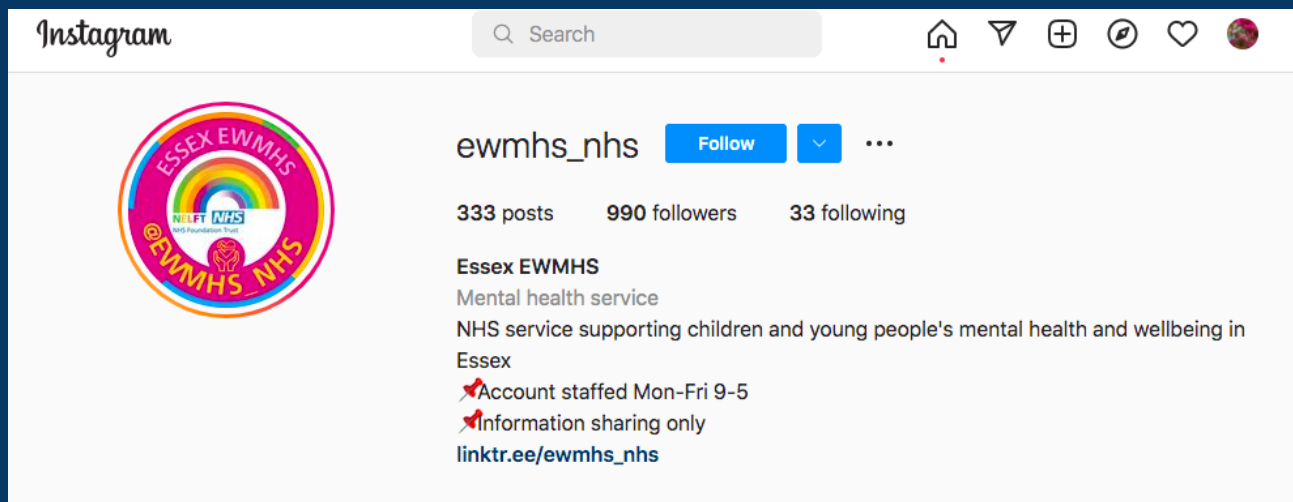
Exam Stress. The following link covers a wide-range of tips to keep students mentally healthy.

Supporting Your Child during Exam Time (Young Minds)

[Exam Time & Exam Stress | Parents Guide To Support](#)

Young Minds <https://youngminds.org.uk/>

EWMHS. Emotional well being and mental health service have recently launched a new Instagram account to provide advice and support to young people experiencing mental health issues. Please encourage your children to follow the account where they will be able to access early intervention advice and support. https://www.instagram.com/ewmhs_nhs/



MindEd is a free educational resource on children and young people's mental health for all adults: <https://www.minded.org.uk/>

Safe and reliable advice about young people's mental health, created by experts and parents together: <https://www.mindedforfamilies.org.uk/young-people>

NHS Mental Health Charities directory: [Mental health charities and organisations](#)

Parent zone - 10 mental wellbeing apps for all the family:

<https://parentzone.org.uk/article/10-mental-wellbeing-apps-all-family>

Gov.uk [COVID-19: guidance on supporting children and young people's mental health and wellbeing](#)

Headstogether - Changing the conversation on mental health:

<https://www.headstogether.org.uk>

The Mix - Essential support for under 25s: <https://www.themix.org.uk/>

Safeguarding Support Resources for Parents

Safeguarding when learning to drive.

We are aware that from time to time, concerns are raised by post-16 learners and their parents in Essex about inappropriate conduct of driving instructors. We have been given the following information to help to safeguard those accessing driving lessons:
<https://www.gov.uk/learn-to-drive-a-car>

<https://www.gov.uk/find-driving-schools-and-lessons> (all instructors on the list will have had a DBS check and passed all the qualification tests to become an instructor)
<https://www.gov.uk/complain-about-a-driving-instructor>

Parent zone - County Lines:

<https://parentinfo.org/article/county-lines-what-is-it-and-who-is-at-risk?>

Parent zone - Sleep Advice:

<https://parentzone.org.uk/article/how-sleep-easy-during-global-pandemic>

Parent line Family Support: [Parentline family support and bullying helpline](#)

Domestic Abuse support: [#ReachIn](#)

Welfare Support Resources for Parents

Essex Welfare Service (EWS).

The EWS, a service to help vulnerable people in the community in need of support and unable to access it at this time: <https://essexwelfareservice.org/> Parents are able to 'self-refer' if they are experiencing difficulties

EWS Contact details:

Phone: 0300 303 9988

Email: provide.essexwelfareservice@nhs.net

Website: <https://essexwelfareservice.org/>

Opening hours: Monday to Friday, 8am to 7pm Saturday and Sunday, 10am to 2pm

Livewell Essex

There is a real need to collectively find solutions that contribute towards wellbeing in order to reduce the cost to health and social care. The [Livewell](#) campaign is designed to engage communities, families and individuals and to provide information about all that is on offer in Essex to improve health and wellbeing. All 13 Essex Local Authorities and our partners have come together to collaborate on the health and wellbeing agenda and work towards achieving better health outcomes for people across Essex.

Household Support Fund

ECC has received funding from central government to support vulnerable families and adults this winter. There are a range of initiatives in place to ensure help with household food and utility bills, essential items and emergency situations are provided for. To find out more about how to access

this support please follow the link for access points where parents, young adults and adults can be signposted to www.essex.gov.uk/money-debt-and-benefits/household-support-fund

Key Contacts in School

Please see the key contact list below to support you to address any concerns.

Leadership Team

Mr Saunders	Headteacher	jsaunders@honywoodschoo.com
Mrs Brook	Deputy Headteacher	jbrook@honywoodschoo.com
Mr Munro	Deputy Headteacher	jmunro@honywoodschoo.com
Mr Calver	Assistant Headteacher	dcalver@honywoodschoo.com
Mr Caygill	Assistant Headteacher	scaygill@honywoodschoo.com
Mrs Downes	Assistant Headteacher	pdownes@honywoodschoo.com
Mrs Hickford	Assistant Headteacher	jhickford@honywoodschoo.com
Miss McPhail	Associate Assistant Head	amcphail@honywoodschoo.com
Mr Smith	Associate Assistant Head	dsmith@honywoodschoo.com
Mr Williams	Associate Assistant Head	jwilliams@honywoodschoo.com

Safeguarding, welfare and support team

Mrs Nichols	Safeguarding Officer	knichols@honywoodschoo.com
Mrs Slaney	Safeguarding Officer	sslaney@honywoodschoo.com
Mr Robertson	Attendance Concerns	crobertson@honywoodschoo.com
Mrs Loydall	Medical concerns	medical@honywoodschoo.com

Cohort Leaders

Cohort 7	Mr Hall	shall@honywoodschoo.com
Cohort 8	Ms Ward	tward@honywoodschoo.com
Cohort 9	Ms Martin	amartin@honywoodschoo.com
Cohort 10	Mr Scott	dscott@honywoodschoo.com
Cohort 11	Mrs Reece	ereece@honywoodschoo.com

SEND team

Mrs Vaughan	SENCO	cvaughan@honywoodschoo.com
Mr Wood	Deputy SENCO (Autism Hub)	mwood@honywoodschoo.com